## LEARN TO SAIL PROGRAM

Club Coach- Phil Bower 0407 401 860 - phil.bower@hotmail.com

## Illawarra Yacht Club junior learn to sail programs on Sundays;

Cost: \$90 per student, per program.

Program is aimed at 9-15 year old's (other ages will be considered).

Our instructors are volunteers who are fully accredited. Due to their own sailing commitments, there may be days with restricted lessons.

Students are required to be dressed at the designated start time.

Lessons will go ahead in all weather conditions. Depending on the conditions, lessons may be given on a larger boat with an instructor on board or inside if the weather is too unpleasant.

What is required?

- Personal Floatation Device (Buoyancy vest)
- Warm clothing for on water activity (warmer than on shore clothing)
- Wetsuits are ideal but not required
- Long sleeve/long leg is recommended (due to jellyfish)
- Shoes that can get wet (booties are very good)
- Sun protection: hat and sunscreen
- Towel and change of clothes

We encourage parents to stay during lessons and help where possible. Competent parents can also lease club boats to join in club racing.